






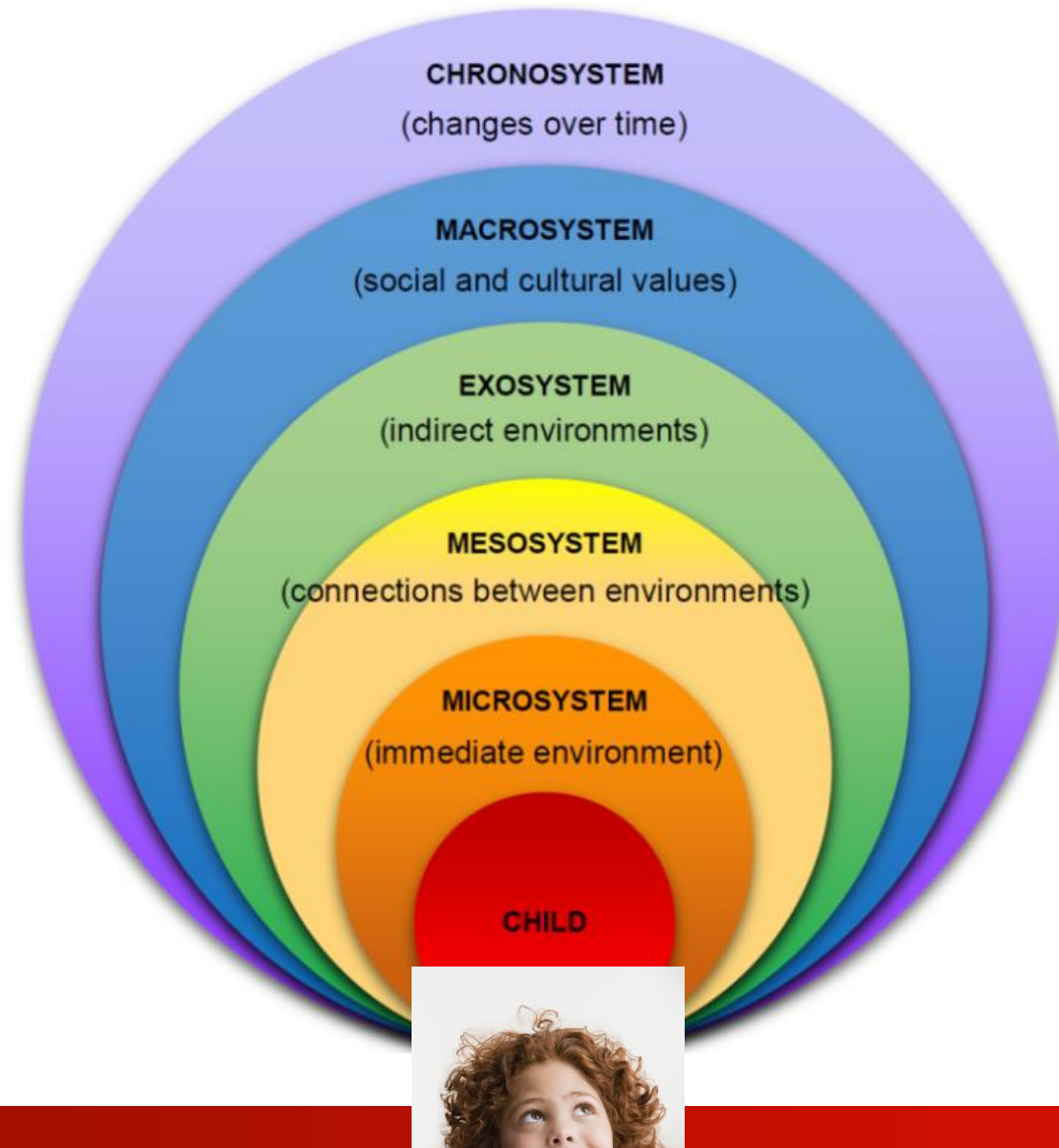
MONTH
2024



Transition:
K2 to P1

Zhenghua Primary School
Mdm Catherine





Vision: Leaders of Character, Critical and Creative Thinkers, Lifelong Learners

System Outcomes

Well-adjusted children

Are happier, socially and emotionally competent

Fewer behavioural difficulties

Have higher engagement level, better learning outcomes



...4 Tips to Ease Transitions

The image features a central yellow rectangular box containing the text "S.A.F.E." in a bold, blue, sans-serif font. The background is a warm, golden-brown color with a network of white lines connecting orange circular nodes. Three hands are depicted in a stylized, flat-shaded manner: a dark brown hand at the top, an orange hand at the bottom left, and a dark brown hand at the bottom right, all appearing to interact with or support the central text.

S.A.F.E.

1. SUPPORT



1. SUPPORT

- Commit some time everyday to talk with your child.
- Commit some time during the weekend to play games and have fun together.
- Visit places or take part in events that both of you enjoy.
- Encourage your child to make new friends.
- Role play with your child on ways to make friends.

2. AFFIRM



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- Encourage your child when he/she makes observations.
E.g. Say: “ That’s interesting!” and ask why he/she said that.
E.g. Say: “ How come?” and “tell me more”
- Recognize small successes.
E.g. Say “ you’ve made another friend in class –well done!”
E.g. Say “you’ve have raise your hand to ask the teacher a question? Ask for permission to go to the toilet –fantastic, I like your bravery, keep it up.”

3. FAMILIARISE

Partner with us
in nurturing
your child to be
a Self-directed
Learner



3. FAMILIARISE



- Find out what the school have in store for the students (e.g., Parent Gateway).
- Prepare your child for what to expect each day the night before.
- Do practical things to ease your child into new routines.
- Plan daily routines together and teach your child new habits like packing his/her bag.
- Put in stationery/items that are necessary.

4. EMPATHISE



4. EMPATHISE

- Teach your child words that describe feelings

E.g. Glad, sad, mad, scared, anxious

- Acknowledge your child's emotions.

E.g. "It's okay to feel anxious about starting school."

- Listen without interrupting, nod your head and show interest

- Hold on to your emotions and clarify when in doubt

- Be involved (be intentional)





MODELLING

Start It Right!

- Sleep habit
- Screen time
- Study time
- Fun time
- Boundary
- Structure & Routine




Big Picture



Parents' Pledge

Start It Right!



Dear John,
I am so proud of you for
who you are. I will set
aside 15 minutes daily to
listen to your experience
and set up a routine for
you at home.

Mum

Vision: Leaders of Character,
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Thank You

