

# Kindergarten Care



PLAY



Discover

Explore



# Kindergarten Care (KCare)

**KCare** is provided to parents who require a full-day service for their child. KCare provides care services, and **time** and **space** for children to **play, explore** and **discover** through **specially designed environments with carefully chosen resources**.

**KCare** aims to provide opportunities for children to develop confidence in communicating with others, social skills, self-help skills and values such as responsibility, care and respect.



# Key Features

## Play

**Exploration and discovery through play**

*Importance of play*

**Large blocks of time for indoor and outdoor play**

*Importance of continuous periods of time for play (e.g., 1 hour)*

**Opportunities for mixed-age play**

*Benefits of mixed-age play and interaction (K1 and K2)*

## Environment

**Specially designed environment and carefully chosen resources**

*Importance of environment*

**Children's autonomy in deciding what and how to play within the created environment**

*Benefits of child-initiated play*

# Programme

**Modular Activities** provide opportunities for continuity of children's experiences in different areas of interest across a week. By entering **immersive environments** that excite them to **explore and discover through play**, children get to engage in **deeper and more complex** forms of play.

Modular Activities	Purpose
Art & Craft Tinkering	For children to imagine and create
Cookery	For children to develop independence and self-help skills
Music, Movement & Dramatisation	For children to develop confidence and communication skills
Gardening (outdoor) Sand & Water Play (outdoor)	For children to find out more about the world around them



# KCare Experience

## Modular Activities (Indoor)



**Art & Craft**



**Cookery**



**Music, Movement  
& Dramatisation**



**Tinkering**

# KCare Experience

## Modular Activities (Outdoor)



**Gardening**



**Sand and Water Play**

# Programme

**Free Play** provides opportunities for children to choose what and who they want to play with, and how they want to play. They take place in four areas that provide children with a range of play experiences that can inspire their **creativity and imagination**. Nurturing reading among the children is also important and **Dedicated Reading Time** is provided for children to be engaged in reading daily.

## Indoor Free Play

### Construction and Manipulative Free Play



### Dramatic Free Play



## Outdoor Free Play

### Outdoor Free Play



### Sand and Water Free Play



## Dedicated Reading Time



# KCare Routines and Environment

## Health Check Area



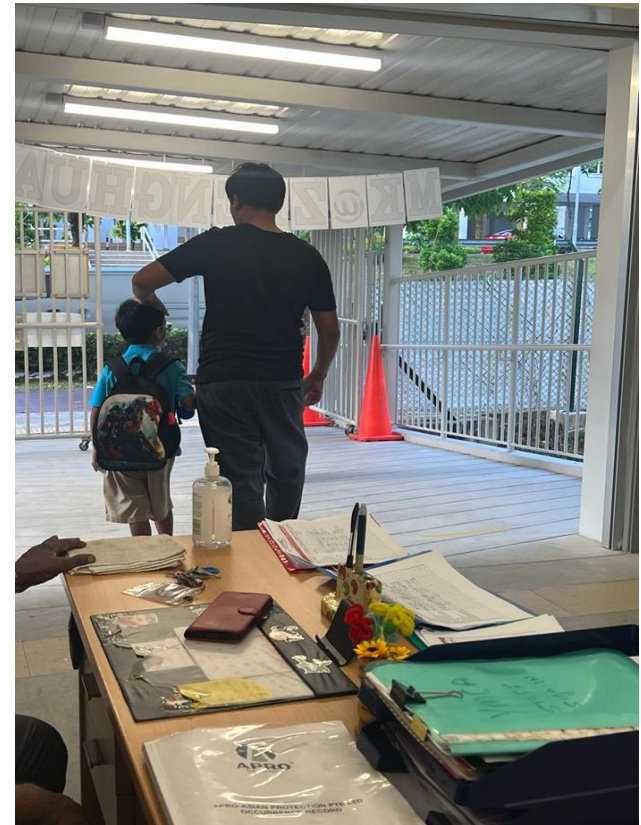


# KCare Routines and Environment

## Health Check Area



**Arrival**



**Departure**

# KCare Routines and Environment



**Children carry out daily hygiene practices**



**Nap time in homeroom**

# KCare Environment

## Indoor – Activity Rooms



**Tinkering**



**Cookery**



# KCare Environment

## Indoor – Homerooms



# A Typical Day

## Sample Timetable (AM KCare)

Time (h)	Activity
7.00 – 8.00 am	Arrival and Health Check/Indoor Free Play
8.00 – 8.30 am	Breakfast
8.30 – 9.30 am	Modular Activities/Outdoor Free Play
9.30 – 10.30 am	Modular Activities/Indoor Free Play
10.30 – 10.45 am	15 minutes of Dedicated Reading Time
10.45 am – 1.00 pm	Rest/Nap, Wipe down, Lunch
1.00 – 5.00 pm	MOE Kindergarten
5.00 – 7.00 pm	Indoor/Outdoor Free Play Quiet Time and Dismissal

Note: KCare homerooms reside within MK. Both MK and KCare staff will work out an arrangement for the smooth handover of the children.

# A Typical Day

## Sample Timetable (PM KCare)

Time	Activity
7.00 am – 8.00 am	Arrival and Health Check/Indoor Free Play
8.00 am – 12.00 pm	MOE Kindergarten
12.00 pm – 12.30 pm	Arrival and Health Check
12.30 pm – 2.30 pm	Lunch, Wipe down, Rest/Nap
2.30 pm – 3.30 pm	Modular Activities/Indoor Free Play
3.30 pm – 3.45 pm	Afternoon Snack
3.45 pm – 4 pm	15 minutes of Dedicated Reading Time
4.00 pm – 5.00 pm	Modular Activities/Indoor/Outdoor Free Play
5.00 pm – 7.00 pm	Indoor/Outdoor Free Play Quiet Time and Dismissal

Note: KCare homerooms resides within MK. Both MK and KCare staff will work out an arrangement for the smooth handover of the children.



# Holiday Programme

## Sample Timetable for KCare

Time	Activity
7.00 am – 8.00 am	Arrival and Health Check
8.00 am – 9.00 am	Breakfast/Dedicated Reading Time (15 min)
9.00 am – 12.00 pm	Neighbourhood walk or field trip
12.00 pm – 1.30 pm	Group 1: Lunch; Group 2: Wipe down/Indoor Free Play/Dedicated Reading Time (15 min) (Swop the groups)
1.30 pm – 3.00 pm	Quiet Time (including nap), Afternoon Snack
3.00 pm – 5.00 pm	Modular Activities Indoor and/or *Outdoor Free Play
5.00 pm – 7.00 pm	Indoor and Outdoor Free Play Quiet Time and Dismissal

\*Outdoor activities can only be conducted before 10.30am and after 3.30pm

# Meal And Sample Menu



Sample Menu  
 Meals are catered from a Licensed Caterer



WEEK 1

	<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>
<b>Breakfast</b>	 Nestle Multigrain Cheerios Full Cream Milk	Low Fat Cheese Whole Meal Sandwich Calcium Fortified Soy Milk	Whole Meal Red Bean Bun Full Cream Milk	Whole Meal Tuna Sandwich Calcium Fortified Soy Milk	Whole Meal Vanilla Muffin Full Cream Milk
<b>Lunch</b>	Mixed Grain Rice Teriyaki Chicken <u>or</u> Teriyaki Tofu Raddish & Carrot Soup Fresh Fruit	Brown Rice Bee Tai Mak Minced Chicken <u>or</u> Braised Tofu Baby Bok Choy Soup Fresh Fruit	Mixed Grain Rice Cereal Fish <u>or</u> Cereal Miock Chicken Chye Sim Soup Fresh Fruit	Taiwanese Braised Meat Mixed Grain Rice Minced Chicken & Mushroom <u>or</u> Braised Tofu & Mushroom Spinach & Wolfberry Soup Fresh Fruit	Mixed Grain Pilaf Rice Grilled Chicken with Mushroom Sauce <u>or</u> Chicken & Corn Stew Broccoli Soup Fresh Fruit
	Seasonal Cut Fruit				
<b>Tea Break</b>	Whole Grain Strawberry Muffin Homemade Barley	Banana Oat Porridge	Stir-fried Carrot Cake (no egg) Homemade Barley	Whole Meal Chocolate Chip Bun Milo	Mixed Grain Corn Porridge

# KCare Fee

## Monthly fee for KCare in 2024


Singapore Citizen	Singapore Permanent Resident
<p data-bbox="479 578 581 621">\$210</p> <p data-bbox="181 692 877 729">(Fee shown above is after \$150 basic subsidy)</p>	<p data-bbox="1325 578 1427 621">\$360</p>



# KCare Fee – Subsidies Tier

**Subsidies are provided by MOE in 2 tiers:**

 **Basic Subsidy:** All SC children are eligible for and automatically given a Basic Subsidy of \$150 per month.




 **Additional Subsidy** (applicable only if KiFAS application is successful upon separate application): Tiered according to Household Income (HHI) for SC children provided they meet the following criteria:

- a) The mother/single father of the SC child is working at least 56 hours a month; and
- b) The family's total monthly HHI is no higher than \$12,000 or the Per Capita Income (PCI) is no higher than \$3,000. Note that MOE will take reference from the approved ECDA KiFAS for this assessment.

**Note: The child must attend at least 1 day of KCare to qualify for the monthly subsidies.**



# KCare Fee – Subsidies Tier

## How do I apply?

-  Application forms are available at the KCare centre
-  Parents are required to return the completed form **to MOE through your child's KCare centre**
-  MOE will inform you of the application outcome through your KCare centre

Note: KCare Additional Subsidy is **administered by MOE**. This is provided in addition to the Basic Subsidy. It is meant to provide additional financial support for Singaporean children who are enrolled in our KCare and household income meets the income criteria.

## What should I do if there is a change in my household financial circumstances or working status?

-  You should **re-submit your KCare Additional Subsidy application to MOE through your child's KCare centre** as soon as possible
-  Should you need to extend the period of the Additional Subsidy, please **submit a new application to MOE through the KCare centre**, with updated supporting documents

# Items To Bring Daily

## (From 2 Jan 2024)

- One set of MK Uniform (LABEL on the inside of the garment)
- Small towel (for wipe-down)
- Undergarment
- Re-useable bag for dirty laundry
- YMCA KCare Communication Book
- Water bottle

We seek your co-operation to **label** all your child's belongings –  
“ Child's Name”

- Including Socks, Shoes, Bag, Undergarment, Towel, MK Uniform etc

# Communication

We encourage and appreciate frequent communication between the KCare operator and parents.

We can be reached at:

Email: [zhkcc@ymca.edu.sg](mailto:zhkcc@ymca.edu.sg)

Telephone: 98391943

Operating Hours: Monday to Friday 7am to 7pm, including school holidays.

(Closed on Saturdays, Sundays, Public Holidays. We have 6 closure days, and we will share the dates with you at the start of the year.)



# KCare Team @ Zhenghua



**Thank You!**

